

FOR A GREAT DAY OUT WITHOUT A CAR

Follow our suggested walking and cycling itineraries. These walking and cycling routes are designed so you don't have to retrace your steps. Take the Cross-Lakes Shuttle boats and buses to help you do this. Check our main leaflet or website for timetable or phone 015394 45161. The Cross-Lakes Shuttle operates between Bowness, Coniston, Hawkshead, Grizedale and all stops in between. Bikes can be carried between Bowness, Hawkshead and Grizedale and on Coniston Water.

For Timetable and further information

Telephone 015394 45161
www.lake-district.gov.uk
 (Look for Cross-Lakes Shuttle)

Cycle Hire

Grizedale Mountain Bikes
 Grizedale 01229 860369 / Bowness 015394 44451
 Bike Treks, Ambleside - 015394 31245
 Ghyll Cycles, Ambleside - 015394 33592
 Country Lanes Cycle Centre, Windermere - 015394 44544
 Summitreks, Coniston - 015394 41212
 Ambleside YHA (Budgie Bikes) - 01524 389410
 The Croft Campsite, Hawkshead - 015394 36374



Alternative formats
 are available from
 01539 724555



The Tourism and Conservation Partnership represents local tourism businesses that care about the environment. If you are interested in making a difference to Cumbria's countryside during your visit, have a look at our website www.ourstoolookafter.co.uk. Many of these businesses have their own conservation project with which you can become involved.

The Cross-Lakes Shuttle is an integrated access project brought to you by:



Make a day of it! Pick up the Cross-Lakes SHUTTLE at Bowness, Coniston or Hawkshead to Hill Top, enjoy your WALK then get the BUS and BOAT back from Hawkshead.

From the Hill Top bus stop, walk into the centre of the village. You will see a little red post box in the wall. Walk up the road opposite this post box, between the houses and past the farm.

Follow this bridgeway up between the houses and past the farm. Keep walking up hill and you will pass a cattle barn on your right...beyond here ignore the track to your left and keep walking up hill towards Moss Eccles Tarn. You will go through a gate and Moss Eccles is 100 metres beyond this gate on your left.

Stay on this main bridgeway and head up to the top of the hill. Go through the gate in the wall, and you'll see the beautiful view over Wise Een Tarn. Stay on the bridgeway and head to the top of the hill where you will see a gate into Claife Forest.

Go through this gate and join a forest track. Walk along this track for approx. 1/2 mile and you will see a stony bridgeway to your left heading into the trees. Turn left onto this short descent to rejoin the forest road at a cross roads.

There is a signpost here to Hawkshead. Follow it by turning left, and following the road through conifer woodland until you see a bridgeway to the left at the top of the forest road climb.

Turn left along this bridgeway also signed Hawkshead and it will wind its way through the forest for approx. 300 metres when you will see a gate on your left.

Go through the gate and bear left following a wall down a stony track to another gate, keeping the wall on your left. Go through the next gate and head down hill through wooded pasture and on a wide track to Colthouse. Towards the bottom of the track you will go through two deer gates, the last of these is where the track joins the main road.

Turn left onto the main road and follow the road into Colthouse. Do not turn off this road...as you walk along this road you will walk past 2 roads to your left, ignore these and carry on until you reach a junction.

Turn right at this junction and follow the road across Black Beck. Turn right 100 metres after the bridge onto the road around Hawkshead. Then turn left after about 50 metres into Hawkshead.

CLAIFFE HEIGHTS POTTER



Make a day of it! Pick up the Cross-Lakes SHUTTLE at Bowness to Grizedale, enjoy your CYCLE RIDE then get the BOAT back from Ferry House.

If you don't want to cycle all of this route you can catch the bus at Hawkshead, Hawkshead Youth Hostel and Hill Top en route.

Starting from the Bus Stop at the Visitor Centre at Grizedale cycle down the narrow lane, with the high wall to your right, towards the farm. As you cycle past the farm on your right you will see a double field gate into the farmers field on your left. Turn left through these gates and cycle up the hill in front of you on the farm track. At the top of the hill you will cycle over a cattle grid. You are now in Grizedale Forest. Turn right after crossing the cattle grid and follow the forest road through the grand conifers and pick up the green cycle trail waymarkers. (These are green discs with white arrows on square wooden posts.)

Stay on this forest road for approx. 1 mile where you will come to a forest road junction (there is a stream near this junction). Keep right at the junction past the forest road to your left. You will start to climb again along the forest road up to another forest road junction. Keep right again and cycle past the forest road off to your left. Not long after cycling past this junction you will see a small tarn to your right. This is Juniper Tarn. From here continue along the forest road, turning left and then left again at the next two forest road junctions. Head along this forest road and watch the views towards Ambleside unfold. Turn right off the forest road onto a bridgeway which will take you into Hawkshead. (this is the second track to your right). This bridgeway will turn into a tarmac road, keep following it downhill and it will lead you under an archway and into one of Hawkshead's main squares. In front of you is Beatrix Potter's Gallery, turn right here and head past the Queens Head Pub on your left and The Sun Inn on your right towards the road junction. Bike straight on towards the next road junction where you will again bike straight on and join the main road passing Hawkshead Primary School on your right.

Follow this road past the right turns to Grizedale and then to Dale Park and along to Hawkshead Trout Farm on your left. Cycle past the fish farm. A minute or so past the trout farm you will see a road off to your left. Turn left here (signed Sawrey) and follow the road around Esthwaite Water still to your left. This road will meander through woodland and meadows to your left and right and climb a little bit up to the village of Near Sawrey. On your way to Near Sawrey and as you leave the view of Esthwaite Water you will see first a road to your right and then a road to your left, pass both of these and keep cycling for a couple of minutes until you reach a T junction. At this junction turn right onto the main Hawkshead to Far Sawrey road (take care!) and cycle along this road, past the Tower Bank Arms Pub and Hill Top. Keep cycling along this road and head towards the village of Far Sawrey where you will see the Sawrey Hotel on your left. Cycle through the village of Far Sawrey and stay on the main road which will start to descend towards Windermere. Follow the road around to Ferry House keeping the Lake on your right. After a few more minutes along this road you will see the Cross-Lakes Shuttle and your ferry ride home.

Great WALKING and CYCLING made easy



Bowness, Hawkshead, Coniston, Grizedale



WALKING
 BOAT BUS AND BIKE BOOT
 CYCLING ITINERARIES...

GRIZEDALE GETAWAY